



# LPA High School Menu

# January 2019

Offered daily Ranch and French dressing.

No juice is offered in place of milk.



Sandwich Choices: Ham, Turkey, PB w/Cheese Stick

Offered Daily: Sandwich Line Fresh Greens Fresh Veggies

Fresh Fruit

WG=Whole Grain



Monday	Tuesday	Wednesday	Thursday	Friday
Offer Versus Serve: LPA offers fruits/vegetables, grains, dairy and protein daily. You must take three out of the five offered and one must be a Half Cup of Fruit or Vegetable.	1. <b>NO SCHOOL</b> 	2. <b>WG Stuffed Crust Pizza</b> (Pepperoni or Cheese)  <b>Steamed Broccoli</b> <b>Velvety Applesauce</b>	3. <b>WG Soft Shell 'Fry' Bread Taco</b> (Choice of Taco Meat or Chicken Fajita Meat) <b>Spanish Rice Refried Beans</b> <b>Delicious Mandarin Oranges</b>	4. <b>National Spaghetti Day</b> <b>WG Spaghetti w/ Meatballs OR Chicken Alfredo OR Marinara</b> <b>Steamed Broccoli</b> <b>Tangy Pineapple</b>
7. <b>SCHOOL CANCELLED</b>	8. <b>Raider Burger Bar</b> Today's Feature: Rodeo Burger  <b>Velvety Applesauce</b>	9. <b>Kickin Chicken 'Bowl'</b> <b>WG Chicken Drumstick</b> <b>WG Dinner Roll</b> <b>Fluffy Mashed Potatoes</b> <b>Pear Sauce</b>	10. <b>WG Chicken Strips</b> <b>WG Corn Dog</b>  <b>Baked Beans</b> <b>Delicious Mandarin Oranges</b>	11. <b>WG Personal Pizza</b> (Pepperoni or Cheese)  <b>Steamed Broccoli</b> <b>Chunky Pineapple</b>
14. <b>Grilled Chicken WG Bun Quesadilla</b>  <b>Smooth Applesauce</b>	15. <b>WG Chicken Nuggets</b> <b>WG Mini Corn Dogs</b>  <b>Sweet Things Taters</b> <b>Peach Sauce</b>	16. <b>RaiderTater Bar</b> (Shredded Pork or Taco Meat)  <b>Steamy Broccoli</b> <b>Luscious Pear Sauce</b>	17. <b>Hot Diggity Dog</b> Today's Feature: Southwest Dog  <b>Baked Beans</b> <b>Delectable Mandarin Oranges</b>	18. Wraps instead of Sandwiches today <b>Pizza Buffet</b> Choices: <b>WG Cheese Pizza</b> <b>WG Pepperoni Pizza</b> <b>WG Buffalo Chicken Pizza</b> <b>WG Mega Meat Pizza</b> <b>Juicy Pineapple Tidbits</b>
21. <b>NO SCHOOL</b> 	22. <b>WG Mozza Sticks &amp; Marinara</b>  <b>Meatball Sub</b> <b>Steamy Broccoli</b> <b>Applesauce</b>	23. <b>RibBQ</b> <b>WG Chicken Patty</b> <b>WG Bun</b> <b>Sweet Things Taters</b> <b>Pear Sauce</b>	24. <b>Chili Cheese Wrap</b> <b>Chicken &amp; Cheese Burrito</b>  <b>Refried Beans</b> <b>Delicious Mandarin Oranges</b>	25. <b>Pepperoni Pizza Boats</b> <b>WG Cheesy Bread</b>  <b>Delicious Peach Sauce</b>
28. <b>WG Pork Fritter</b> <b>Pulled Pork</b> <b>WG Bun</b> <b>Sweet Things Taters</b> <b>Smooth Applesauce</b>	29. <b>Asian Buffet</b> (Both Sides) <b>Popcorn Chicken over Asian Rice with a Variety of Sauces)</b> <b>Steamy Broccoli</b> <b>Chilled Peach Sauce</b>	30. <b>RaiderTot Hotdish</b> <b>Street Fries</b> <b>WG Dinner Roll</b> <b>Whole Kernel Corn</b> <b>Luscious Pear Sauce</b>	31. <b>Taco in a Bag</b> (Choice of Taco Meat or Chicken Fajita Meat) <b>Spanish Rice</b> <b>Refried Beans</b> <b>Mandarin Oranges</b>	<b>Offered Daily:</b> Sandwich Line Fresh Greens Fresh Veggies Fresh Fruit

Senior High Salad Bar Feature - **Chef Salad**

Senior High Salad Bar Feature - **Turkey BLT Salad**

Senior High Salad Bar Feature - **Taco Salad**

Senior High Salad Bar Feature - **Southwest Chicken Salad**

Senior High Salad Bar Feature - **Sweet & Crunchy Blacked Chicken**



Milk Offered Daily: Skim, 1%, Skim Chocolate.

Lactose free offered upon request.

Menus are subject to change due to availability of products, staffing and the weather.

This institution is an equal opportunity provider.

Student Lunch - \$2.80, Entrée Ala Carte (Seconds) - \$1.25, Extra Milk \$0.50

Non-Student Price \$4.20

