



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>					
<i>Week Beginning</i>					
7-Jan	Assorted WG Cereal	WG Goldfish Grahams	WG Breakfast Wrap	WG Muffin	Mini WG Filled Bagel
4-Feb	Raisins	Fruit Sauce	Fruit Sauce	Fruit Sauce	Fruit Sauce
4-Mar	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
1-Apr	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1%
29-Apr					(ECFE - WG Waffles)
<b>Week 2</b>					
<i>Week Beginning</i>					
14-Jan	Assorted WG Cereal	WG Pancakes	WG Breakfast Sandwich	WG Breakfast Bread	Ultimate Breakfast Round
11-Feb	Craisins	Fruit Sauce	Fruit Sauce	Fruit Sauce	Fruit Sauce
11-Mar	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
8-Apr	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1%
<b>Week 3</b>					
<i>Week Beginning</i>		Scooby WG Graham Sticks			
21-Jan	Assorted WG Cereal	Low Fat Cheese Stick	WG French Toast	WG Muffin	WG Filled Croissant
18-Feb	Raisins	Fruit Sauce	Fruit Sauce	Fruit Sauce	Fruit Sauce
18-Mar	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
15-Apr	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1%
					(ECFE - WG Pancakes)
<b>Week 4</b>					
<i>Week Beginning</i>			Breakfast Pizza OR		
28-Jan	Assorted WG Cereal	WG Waffle	Egg & Cheese Bosco Stick	WG Breakfast Bread	WG PopTart or Donut
25-Feb	Craisins	Fruit Sauce	Fruit Sauce	Fruit Sauce	Fruit Sauce
25-Mar	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
22-Apr	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1%
					(ECFE - WG French Toast)

WG = Whole Grain

Menus are Subject to change due to availability of products, staffing and weather



(Lactose Free Milk Available upon request)

**Offer Versus Serve**

LPA offers Grains, Dairy & Fruit daily

**You must take three of the four breakfast options offered**

**One must be 1/2 cup Fruit (or 100% Fruit Juice)**

