



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>					
<i>Week Beginning</i>					
1-Oct	Assorted WG Cereal Raisins	WG Goldfish Grahams Fruit Sauce	WG Breakfast Wrap Fruit Sauce	WG Muffin Fruit Sauce	Mini WG Filled Bagel Fruit Sauce
29-Oct	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
26-Nov	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1% (ECFE - WG Waffles)
<b>Week 2</b>					
<i>Week Beginning</i>					
8-Oct	Assorted WG Cereal Craisins	WG Pancakes Fruit Sauce	WG Breakfast Sandwich Fruit Sauce	WG Breakfast Bread Fruit Sauce	Ultimate Breakfast Round Fruit Sauce
5-Nov	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
3-Dec	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1%
<b>Week 3</b>					
<i>Week Beginning</i>		Scooby WG Graham Sticks			
15-Oct	Assorted WG Cereal Raisins	Low Fat Cheese Stick Fruit Sauce	WG French Toast Fruit Sauce	WG Muffin Fruit Sauce	WG Filled Croissant Fruit Sauce
12-Nov	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
10-Dec	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1% (ECFE - WG Pancakes)
<b>Week 4</b>					
<i>Week Beginning</i>					
22-Oct	Assorted WG Cereal Craisins	WG Waffle Fruit Sauce	Egg & Cheese Bosco Stick Fruit Sauce	WG Breakfast Bread Fruit Sauce	WG PopTart or Donut Fruit Sauce
19-Nov	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
17-Dec	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1%	Milk - Skim or 1% (ECFE - WG French Toast)

WG = Whole Grain

Menus are Subject to change due to availability of products, staffing and weather



(Lactose Free Milk Available upon request)

**Offer Versus Serve**

LPA offers Grains, Dairy & Fruit daily

**You must take three of the four breakfast options offered**

**One must be 1/2 cup Fruit (or 100% Fruit Juice)**

